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Memories of Childhood Sexual Abuse: Remembering and Repressing ... found to be unrelated to recovering abuse memories, but dissociative traits were found to be weakly associated with recovering ...

Memories of Childhood Sexual Abuse: Remembering and ...

Following are some questions and answers that reflect the best current knowledge about reported memories of childhood abuse. They will help you better understand how repressed, recovered, or suggested memories may occur and what you can do if you or a family member is concerned about a childhood memory.

Questions and Answers about Memories of Childhood Abuse

In sum, the research on implicit memories tells us that our memories of smell, taste, body sensations, emotions, and sounds – none of which require thought or conscious recall – are the most accurate memories. Some of these ways of remembering abuse have been called body memories and feel very real to people.

Trusting Your Memories of Sexual Abuse | KaliMunro.com

As best as I can remember, I've been thinking about memory a lot lately. Growing up, I always thought I had an excellent memory. In the heat of an argument, I could recall every slight ever made against me (do NOT cross me) and I could recite all the words to that awful Barenaked Ladies song when it used to play on the radio.

This Is What It's Like To Remember What You Can't Remember ...
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**Memory and Abuse: Remembering and Healing the Effects of ...**

Initially, she had pleasant memories of the place, with its caring staff and occasional campfire sleepover. But after a few sessions, she began remembering bizarre rituals and being placed on a table where she was probed by cult members. “I said that I saw a snake get killed and sliced down the side and that we had to drink its blood.

**Remembering Childhood Trauma and Abuse That ... - The Cut**

As a clinical psychologist with expertise in psychological trauma, including due to child abuse and sexual assault, I have studied traumatic memories, including recovered memories of sexual abuse, for over 20 years.

**Recovered Memories of Sexual Abuse - Jim Hopper, Ph.D.**

**JIMHOPPER.COM**

**False memory syndrome - Wikipedia**

A person who demonstrates proficiency at reading but who cannot remember how he or she learned the skill is an example of implicit memories in the absence of explicit memories. Why are traumatic memories controversial? There are differing schools of thought, grounded in solid research and clinical experience, about the reliability of memory.

**What Are Traumatic Memories? | Sidran.org**

Last spring I wrote about what it’s like to not be able to remember my sexual trauma and a funny thing happened. It was the hardest piece I had written up until that point. It made me feel vulnerable to publicly say that I have no memory of my sexual abuse and yet am confident I am a survivor.

**Why we can't remember | Healing Honestly**

Whitfield has taught at Rutgers University and is a best-selling author known for his books on the topics of general childhood trauma, childhood sexual abuse, and addiction recovery, including Healing the Child Within and Memory and Abuse: Remembering and Healing the Effects of Trauma.
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